

Cochrane Temiskaming Resource Centre

SPECIAL POINTS OF INTEREST:

- Accreditation
- Self Advocates Group
- Great Canadian Kayak Challenge
- Infant Development
- Visual Bill of Rights
- Familyhome

Vision Statement

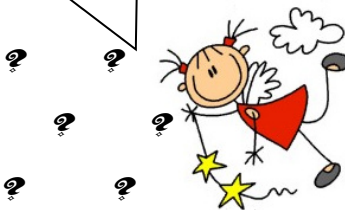
Individuals supported by the Cochrane Temiskaming Resource Centre will have fair and equal opportunity to live, work and play within the community, as determined by personal interest and not by label.

Mission Statement

To advance the quality of life of individuals with developmental disabilities through the promotion of supports and services which are person driven, holistic, community based and accountable.

DID YOU KNOW ?

That CSS day program received a THANK YOU in the Downtown "Ave" Newsletter for all of their hard work delivering the monthly BIA newsletter. Great Job guys!



AGGREDITATION

We did it!

CTRC has received 3 year accreditation status from FOCUS Accreditation.

Congratulations and thanks to all of you who make CTRC what it is!



WHATS GOING ON AT GSS ??

Several activities are held for individuals at day programming. The following are a few that we have had the past few months:

September 22/11

We had a harvest lunch. We used most of the vegetables that were grown in the community garden to make a stew that was enjoyed by everyone at day programming. Watch for more about our participation



in the community garden in future issues of the newsletter.

September 29/11

We had our annual Alzheimer's coffee break. The "Price is Right" game show theme was used and strawberry shortcake was served along with coffee. A donation of \$120.00 was raised! Thank you to all who came out to support this annual event.



October 27/11

A Halloween Dance was held. Everyone got dressed up and enjoyed treats handed out behind the Halloween Door!



November 24/11

The Annual Penny Sale was a big hit. Thanks to everyone who made donations. Hope to see you next year.



CTRC's ANNUAL Christmas Concert

Come and join us!!

Where: - Roland Michener Secondary School—155 Legion Drive, South Porcupine

When: - Thursday, December 15, 2011

Doors open at 6:30pm
Event begins at 7:00pm

Self Advocates Group

“SAG”



Members:
Bottom left—Nikki Palmerio, Terry Tkacuk, Renée Simard, Dale Perkins
Middle row—Francoise Denis, Tina Ouellette, James Kohlbacher
Back left—Suzanne Bissonnette, Monica Yates, Michael Blick, Gary Perkins, Nickolas Hoffman Roy, Richard St. Jacques, Travis Ager



Welcome the Members of the Self-advocates Group! The group members like being part of the group because “I like to make new friends” (Renée Simard), “I like the people who are in the group” (Travis Ager), “the people here are nice” (Terry Tkachuk).

We are pleased to announce that the group will be the first individuals of CTRC to do the Quality Assurance Training this fall. The meetings will be held weekly during this time. Please ensure that members are attending as many meetings as possible as this is mandatory training for all

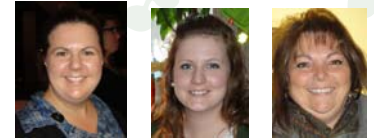
individuals of CTRC. Other individuals who are not members of the group will receive training in the new year.

We will be accepting new members in January 2012 as the training will be complete. The group is open to new members at anytime.

Please remember for

any staff that are interested in facilitating the self-advocates group, please contact:

Pamela Stager at pstager@ctrc.on.ca
Anne Chircoski at achircoski@ctrc.on.ca
Janet Dunn at jdunn@ctrc.on.ca



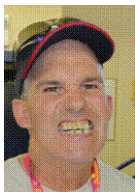
WORD ON THE STREET

Question was asked at Day Program
“What was your most favorite thing you did this summer?”



Terry Tkachuk : reporter

“MY SAY”



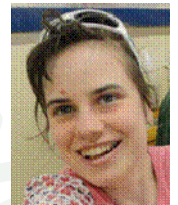
Dale Perkins

J’aime avoir un café de Tim Hortons—c’est ma chose favorite



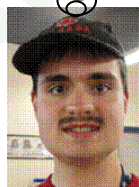
Travis Ager

“I liked planting the garden with Pat and riding my bike”.



Tina Ouellette

“I liked to drive the John Deere Tractor at Nancy’s House”.



Nicholas Hoffman-Roy

“I went down to Lanny’s burger bus at Gilles Lake and had a hot dog and some fries—saw a bunch of seagulls and pigeons”.

Gary Perkins



J’ai été au lac Gibson et j’ai eu beaucoup de plaisir”.

“Never doubt that a small group of thoughtful, committed citizens can change the world; indeed, it’s the only thing that ever has”. Margaret Mead.

Go for Gold!

At the Great Canadian Kayak Challenge and Festival in August, one of the festival events was to raise funds for the Heart and Stroke Foundation. "Kayak for the Heart of It" is a 3 person 200 meter sprint in a three seater kayak. Kelly Baker from Client Support Ser-

vices, Liz Vien from Government Road Residence and Bob Wing took the challenge and placed second in the race. Come out in August 2012 to watch them defend their championship and go for gold!



Infant Development Services Up the Coast with rubber boots

IDP services to Moosonee, Moose Factory and coastal communities are provided by Kim Skidmore, Developmental Consultant with over 30 years of experience with our program.

Kim typically travels to Moosonee and Moose Factory 4 times a year, for one week stays, to provide services to the 52 infants and children currently involved with IDP. Between visits, services are provided on a consultative basis by

telephone and e-mail from our Cochrane office.

Kim is deeply committed to services on the James Bay coast. She has made many strong links with community members and is well respected, because she respects others.

Coastal travel is also challenging and requires patience, flexibility, understanding, humour and even rubber boots. All things Kim has with her

on each of her visits to the James Bay Communities.

At the end of November Kim will be in Attawapiskat. So next time you meet her ask her about her work up the coast.



"To often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring all of which have the potential to turn a life around"
Leo F. Buscaglia

COMPUTER PILOT PROJECT

CTRC conducted a five week computer pilot project for people wanting to learn more about computers. Six people participated and three CTRC staff helped out. In addition to learning more about computer basics, the class welcomed

Constable Rick Lemieux (Timmins Community Police) to speak to the group about cybersafety. Overall, the class was fun, educational and allowed participants to meet new people. The class was such a success that CTRC

plans on running similar classes in the future. Keep your eyes and ears open to learn about these exciting new projects!

Janet Dunn



BILL OF RIGHTS for individuals supported by CTRC

1. **THE COCHRANE TEMISKAMING RESOURCE CENTRE WELCOMES YOU. WE WANT YOU TO BE COMFORTABLE HERE.**



2. **EVERYBODY IS DIFFERENT. WE RESPECT WHO YOU ARE.**

3. **WE WILL TREAT YOU WITH RESPECT AND DIGNITY. WE WILL ALWAYS BE POLITE. WE WILL NEVER HURT YOU.**



4. **WE WILL PROVIDE SERVICES IN THE BEST WAY WE KNOW HOW. WE WILL FOLLOW THE LAWS OF CANADA AND THE LAWS OF OUR PROFESSIONS.**



5. **YOU MIGHT NOT BE HAPPY WITH OUR WORK. WE WILL SHOW YOU WHO TO COMPLAIN TO. IF YOU COMPLAIN, WE WILL NOT TAKE AWAY SERVICES.**



6. **WE WILL LET YOU KNOW WHO YOU WILL WORK WITH AND WHAT WILL HAPPEN.**



7. **YOU WILL CHOOSE THE WORK WE DO TOGETHER. YOU WILL CHOOSE EACH STEP OF THE WAY.**

8. **YOU CAN SAY YES OR NO AT ANY TIME.**



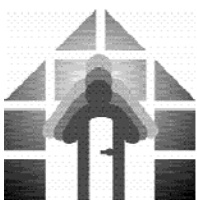
9. **WE WILL KEEP YOUR REPORTS AND LETTERS PRIVATE. YOU CAN LOOK AT THEM IF YOU WANT TO. OTHER PEOPLE CANNOT LOOK AT THEM UNLESS YOU SAY IT IS OKAY. WE WILL REVIEW THESE RIGHTS WITH YOU.**



10. **WE WILL REVIEW THESE RIGHTS WITH YOU.**



CTRC WOULD LIKE TO THANK SURREY PLACE OF ONTARIO FOR SHARING THE CLIENT BILL OF RIGHTS DEVELOPED FOR THE INDIVIDUALS THEY SUPPORT.



WWW.CTRC.ON.CA

600 TOKE STREET
TIMMINS, ON P4N 6W1

Cochrane Temiskaming Resource Centre



FAMILYHOME FAMILYHOME RECRUITMENT

Over the years Familyhome has been very fortunate to have found many wonderful families who have opened their homes and hearts to people. We are continuing in our efforts to locate additional families and could



certainly use your help. Our best recruitment has been through word of mouth, so talk us up!! We appreciate all your efforts. Those interested in finding out more can contact:

Darquise ext. 261 or Tracy ext. 238

My Name is Gordon Derion.

I live with Ron and Heather Scriven for 18 years now. What I



like about the Family Home Program is feeding the farm animals and watering them.



I like piling up the fire wood in the wood shed and shoveling the snow in the winter time.

Meet Tom...Tom is a 62 year old gentleman

Inspiring Possibilities

looking for a Familyhome for himself and his dog Daisy. Tom has been very independent all of his life. He owns his own vehicle and has a valid drivers license. Tom likes to spend time in the garage with his tools working on little projects. Tom would prefer to live in a quiet rural area on the outskirts of town. He would need minimal support around dietary and medical needs. If you or someone you know would be interested in finding out more about Tom or others we support in the Familyhome Program, we would love to hear from you.

Please contact us at 705-267-8181, ext. 237, 238 or 261

'Life ends when you stop dreaming, hope ends when you stop believing, love ends when you stop caring, friendship ends when you stop sharing. ...so share this with whomever you consider a friend!!'